

BOOKS FOR GRIEF AND LOSS

BOOKS FOR CHILDREN

A Birthday Present for Daniel: A Child's Story of Loss, Juliet Cassuto Rothman

A Terrible Thing Happened, Margaret M. Holmes & Sasha J. Mudlaff

After A Murder: An Activity Book for Grieving Kids, The Dougy Center

After A Suicide: An Activity Book for Grieving Kids, The Dougy Center

Badgers Parting Gifts, Susan Varley

Ben's Flying Flowers, Inger Maier

Chester Raccoon and the Acorn Full of Memories, Audrey Penn

Grief Is Like A Snowflake, Julia Cook

Heaven is for Real for Kids: A Little Boy's Astounding Story of His Trip to Heaven and Back, Todd Burpo

Help Me Say Goodbye: Activities for Helping Kids Cope When a Special Person Dies, Janis Silverman

Lifetimes: The Beautiful Way to Explain Death to Children, Bryan Mellonie

Nana Upstairs and Nana Downstairs, Tomie dePaola

Sad Isn't Bad: A Good-Grief Guidebook for Kids Dealing with Loss, Michaelene Mundy

Saying Goodbye To Your Pet, Marge Heegaard

The Fall of Freddie the Leaf, Leo Buscaglia

The Invisible String, Patrice Karst

The Next Place, Warren Hanson

Water Bugs & Dragonflies, Explaining Death to Young Children, Doris Stickney

What on Earth Do You Do When Someone Dies?, Trevor Romain

When Dinosaurs Die: A Guide to Understanding Death, Laurie Krasny Brown and Marc Brown

When Someone Very Special Dies: Children Can Learn to Cope with Grief, Marge Heegaard

When Someone You Love Has Cancer: A Guide to Help Kids Cope, Alaric Lewis

When Something Terrible Happens: Children Can Learn to Cope with Grief, Marge Heegaard

BOOKS FOR YOUTH/TEENS

Fire in My Heart, Ice in My Veins: A Journal for Teenagers Experiencing a Loss, Enid Samuel Traisman

Healing Your Grieving Heart: 100 Practical Ideas for Teens, Alan Wolfelt, Ph.D.

When a Friend Dies: A Book for Teens About Grieving and Healing, Marilyn E. Gootman

You Are Not Alone: Teens Talk About Life After the Loss of a Parent, Lynne. B. Hughes

BOOKS FOR ADULTS

Beyond Tears: Living After Losing a Child, Ellen Mitchell

Comfort: A Journey Through Grief, Ann Hood

Dying To Be Free: A Healing Guide For Families After A Suicide, Beverly Cobain and Jean Larch

Grief Dreams: How They Help Us Heal After The Death Of A Loved One, TJ Wray

Heaven is for Real: A Little Boy's Astounding Story of His Trip to Heaven and Back, Todd Burpo

I wasn't Ready to Say Goodbye: Surviving, Coping and Healing After the Sudden Death of a Loved One, Brook Noel

Proof of Heaven: A Neurosurgeon's Journey into the Afterlife, Eben Alexander

Tear Soup: A Recipe for Healing After Loss, Pat Schwiebert & Chuck DeKlyen (also for children)

The Worst Loss: How Families Heal from the Death of Child, Barbara D. Rosof

When Bad Things Happen to Good People, Harold Kushner

When the Bough Breaks: Forever After the Death of a Son or Daughter, Judith R. Bernstein, Ph.D.

When There Are No Words: Finding Your Way To Cope With Loss and Grief, Charlie Walton